

# Moment of Calm

## 2016 Puzzle Piece Challenge Guidelines

### Objective

The contest seeks to encourage people to forgive others or seek forgiveness from others by expressing their feelings in a creative way using a puzzle piece. The individual puzzle pieces can then be assembled into an interesting work of art. This makes the forgiveness process fun-filled and light.

Peace is often difficult to find in our busy lives. Yet, we all need peace. May this 'piece' be a reminder of the peace that may be found through 'Forgiveness'.

### Who may enter?

Children and youth can participate in this contest.

There will be two categories based on age.

Category 1 - Children up to 14 years

Category 2 - Youth from age 15 to 30 years

The contest can be done as an individual or group activity. However, all participants in the group must belong to the same age category. Children can take help from parents or teachers.

### What are you required to do?

You are required to make a craft masterpiece using puzzle pieces with forgiveness messages written on them. You can either make the puzzle pieces from any scrap material or use old jigsaw puzzle pieces by painting over them or re-decorating them. You are free to use your imagination and creativity.

Each masterpiece made from puzzle pieces must contain at least one personalized forgiveness message. The message can be to forgive someone or seek forgiveness from someone. Some examples of messages are: 'Please forgive me mom for my rude behaviour', 'I am sorry ABC for lying to you', 'Forgive me sis I didn't mean to hurt you', 'I am sorry friend I take back my words', 'I forgive you for cheating me'.

**You need to send a picture of the craft work along with the total number of messages on it. You are also required to send a picture of the two most heartfelt messages.**

### How do I submit?

The entries along with the Moment of Calm PLEDGE FORM should be sent to Sadhu Vaswani Mission, Pune, so as to reach **no later than June 30, 2016**, through the channels mentioned below – e-Mail, WhatsApp, Facebook, Website, or even Post / Courier.

Submit to:

Public Relations Office,  
Sadhu Vaswani Mission  
10 Sadhu Vaswani Path,  
Pune 411001 Maharashtra, India.



momentofcalm



+91 9767641362



momentofcalm.org



forgive@sadhuvaswani.org

### **✚ Submission Information**

Please send the picture of your craft work and messages along with your **name, school name, mobile number, email, city and age**. Entries with insufficient information will be disqualified. **Preferably please submit via email to: [forgive@sadhuvaswani.org](mailto:forgive@sadhuvaswani.org)**

### **✚ What is the focus of the submission?**

Each submission should be original and must appropriately reflect the theme of forgiveness.

### **✚ What is the deadline for submission?**

The deadline for submitting the entries is **June 30, 2016**. Entries submitted after this date will not be considered. (IMPORTANT: Be sure to include your personal contact information and age so we may contact you.)

### **✚ Are there any other guidelines for the submission?**

All forgiveness messages must be written in English or Hindi.

### **✚ Is there a fee to enter a submission?**

There is no fee.

### **✚ Jury**

The competition will be judged by an independent panel of jury members. Decision of the Jury will be final, and no representation against their decision will be entertained.

### **✚ What will be the Judging Criteria?**

Creativity and Originality  
Design and decor of the craft piece  
Effective use of puzzle pieces  
Genuineness of forgiveness messages

### **✚ What are the Award levels?**

Prizes will be awarded to the best craft work in both categories and certificates or medals will be given for the best messages. The winning entries will be featured on our sites & publications.

### **✚ What else do I need to know before submitting?**

By submitting your entry, you are agreeing that you understand these guidelines, that you grant Sadhu Vaswani Mission a royalty-free license to copy, distribute, display and use the original piece for web, press, promotional or any other purposes, and that you agree to hold harmless and release The Sadhu Vaswani Mission, officers, executives, volunteers and all others associated with this contest for any and all liabilities, claims or expenses associated with this entry.

Please note your entry must not infringe on any third party rights.

### **✚ For questions or queries please contact:**

Ph: 020 26055640

Cell: +91 9767641362

Email: [forgive@sadhuvaswani.org](mailto:forgive@sadhuvaswani.org)

### **✚ For other details please visit:**

[Momentofcalm.org](http://Momentofcalm.org)

[www.facebook.com/momentofcalm](http://www.facebook.com/momentofcalm)